

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use CARDURA safely and effectively. See full prescribing information for CARDURA.

CARDURA* (doxazosin) tablets, for oral use**INDICATIONS AND USAGE**

CARDURA is an α_1 adrenergic antagonist indicated for:

- Signs and symptoms of Benign Prostatic Hyperplasia (BPH)
- Treatment of Hypertension

DOSAGE AND ADMINISTRATION

- For the treatment of BPH: Initiate therapy at 1 mg once daily. Dose may be titrated at 1 to 2-week intervals, up to 8 mg once daily. (2.2)
- For the treatment hypertension: Initiate therapy at 1 mg once daily. Dose may be titrated as needed, up to 16 mg once daily. (2.3)

DOSAGE FORMS AND STRENGTHS

- Tablets: 1 mg, 4 mg

CONTRAINDICATIONS

- Hypersensitivity to doxazosin, other quinazolines, or any other ingredient in CARDURA. (4)

WARNINGS AND PRECAUTIONS

- Postural hypotension with or without syncope may occur. (5.1)
- Risk of Intraoperative Floppy Iris Syndrome during cataract surgery. (5.2)
- Screen for the presence of prostate cancer prior to treatment for BPH and at regular intervals afterwards. (5.3)

ADVERSE REACTIONS

The most commonly reported adverse reactions from clinical trials are Fatigue, malaise, hypotension, and dizziness. (6.1)

DRUG INTERACTIONS

- Strong cytochrome P450 (CYP) 3A inhibitors may increase exposure to doxazosin and increased risk of hypotension. (7.1)
- Concomitant administration of CARDURA with a phosphodiesterase-5 (PDE-5) inhibitor can result in additive blood pressure lowering effects and symptomatic hypotension. (7.2)

USE IN SPECIFIC POPULATIONS

- Hepatic Impairment: Monitor for hypotension. (8.6, 12.3)

See 17 for PATIENT COUNSELING INFORMATION and approved patient labeling.

Revised: 6/2021

FULL PRESCRIBING INFORMATION: CONTENTS***1 INDICATIONS AND USAGE**

- 1.1 Benign Prostatic Hyperplasia (BPH)
- 1.2 Hypertension

2 DOSAGE AND ADMINISTRATION

- 2.1 Dosing Information
- 2.2 Benign Prostatic Hyperplasia
- 2.3 Hypertension

3 DOSAGE FORMS AND STRENGTHS**4 CONTRAINDICATIONS****5 WARNINGS AND PRECAUTIONS**

- 5.1 Postural Hypotension
- 5.2 Cataract Surgery
- 5.3 Prostate Cancer
- 5.4 Priapism
- 5.5 Lactose warning

6 ADVERSE REACTIONS

- 6.1 Clinical Trials Experience
- 6.2 Postmarketing Experience

7 DRUG INTERACTIONS

- 7.1 CYP 3A Inhibitors
- 7.2 Phosphodiesterase-5 (PDE-5) Inhibitors

8 USE IN SPECIFIC POPULATIONS

- 8.1 Pregnancy

8.2 Lactation

8.4 Pediatric Use

8.5 Geriatric Use

8.6 Hepatic Impairment

10 OVERDOSAGE**11 DESCRIPTION****12 CLINICAL PHARMACOLOGY**

12.1 Mechanism of Action

12.2 Pharmacodynamics

12.3 Pharmacokinetics

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

13.2 Animal Toxicology and Pharmacology

14 CLINICAL STUDIES

14.1 Benign Prostatic Hyperplasia (BPH)

14.2 Hypertension

16 HOW SUPPLIED/STORAGE AND HANDLING**17 PATIENT COUNSELING INFORMATION**

*Sections or subsections omitted from the full prescribing information are not listed.

FULL PRESCRIBING INFORMATION

1 INDICATIONS AND USAGE

1.1 Benign Prostatic Hyperplasia (BPH)

CARDURA is indicated for the treatment of the signs and symptoms of BPH.

1.2 Hypertension

CARDURA is indicated for the treatment of hypertension, to lower blood pressure. Lowering blood pressure reduces the risk of fatal and nonfatal cardiovascular events, primarily strokes and myocardial infarctions. These benefits have been seen in controlled trials of antihypertensive drugs from a wide variety of pharmacologic classes, including this drug.

Control of high blood pressure should be part of comprehensive cardiovascular risk management, including, as appropriate, lipid control, diabetes management, antithrombotic therapy, smoking cessation, exercise, and limited sodium intake. Many patients will require more than one drug to achieve blood pressure goals. For specific advice on goals and management, see published guidelines, such as those of the National High Blood Pressure Education Program's Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC).

Numerous antihypertensive drugs, from a variety of pharmacologic classes and with different mechanisms of action, have been shown in randomized controlled trials to reduce cardiovascular morbidity and mortality, and it can be concluded that it is blood pressure reduction, and not some other pharmacologic property of the drugs, that is largely responsible for those benefits. The largest and most consistent cardiovascular outcome benefit has been a reduction in the risk of stroke, but reductions in myocardial infarction and cardiovascular mortality also have been seen regularly.

Elevated systolic or diastolic pressure causes increased cardiovascular risk, and the absolute risk increase per mmHg is greater at higher blood pressures, so that even modest reductions of severe hypertension can provide substantial benefit. Relative risk reduction from blood pressure reduction is similar across populations with varying absolute risk, so the absolute benefit is greater in patients who are at higher risk independent of their hypertension (for example, patients with diabetes or hyperlipidemia), and such patients would be expected to benefit from more aggressive treatment to a lower blood pressure goal.

Some antihypertensive drugs have smaller blood pressure effects (as monotherapy) in black patients, and many antihypertensive drugs have additional approved indications and effects (e.g., on angina, heart failure, or diabetic kidney disease). These considerations may guide selection of therapy.

CARDURA may be used alone or in combination with other antihypertensives.

2 DOSAGE AND ADMINISTRATION

2.1 Dosing Information

Following the initial dose and with each dose increase of CARDURA, monitor blood pressure for at least 6 hours following administration. If CARDURA administration is discontinued for several days, therapy should be restarted using the initial dosing regimen.

2.2 Benign Prostatic Hyperplasia

The recommended initial dosage of CARDURA is 1 mg given once daily either in the morning or evening.

Depending on the individual patient's urodynamics and BPH symptomatology, the dose may be titrated at 1 to 2 week intervals to 2 mg, and thereafter to 4 mg and 8 mg once daily. The maximum recommended dose for BPH is 8 mg once daily.

Routinely monitor blood pressure in these patients.

2.3 Hypertension

The initial dosage of CARDURA is 1 mg given once daily. Daily dosage may be doubled up to 16 mg once daily, as needed, to achieve the desired reduction in blood pressure.

3 DOSAGE FORMS AND STRENGTHS

Tablets: 1 mg and 4 mg

Each tablet contains doxazosin mesylate equivalent to 1 mg and 4 mg doxazosin (free base).

Cardura 1 mg: white round biconvex tablet with VLE logo on one side & CN1 on the other side .

Cardura 4 mg: white rhombus biconvex tablet with VLE logo on one side & CN4 on the other side.

4 CONTRAINDICATIONS

The use of CARDURA is contraindicated in patients with a hypersensitivity to doxazosin, other quinazolines (e.g., prazosin, terazosin), or any of its components.

5 WARNINGS AND PRECAUTIONS

5.1 Postural Hypotension

Postural hypotension with or without symptoms (e.g., dizziness) may develop within a few hours following administration of CARDURA. However, infrequently, symptomatic postural hypotension has also been reported later than a few hours after dosing. As with other alpha-blockers, there is a potential for syncope, especially after the initial dose or after an increase in dosage strength. Advise patient how to avoid symptoms resulting from postural hypotension and what measures to take should they develop.

Concomitant administration of CARDURA with a PDE-5 inhibitor can result in additive blood pressure lowering effects and symptomatic hypotension.

5.2 Cataract Surgery

Intraoperative Floppy Iris Syndrome (IFIS) has been observed during cataract surgery in some patients on or previously treated with alpha₁ blockers. This variant of small pupil syndrome is characterized by the combination of a flaccid iris that billows in response to intraoperative irrigation currents, progressive intraoperative miosis despite preoperative dilation with standard mydriatic drugs, and potential prolapse of the iris toward the phacoemulsification incisions. The patient's surgeon should be prepared for possible modifications to their surgical technique, such as the utilization of iris hooks, iris dilator rings, or viscoelastic substances. There does not appear to be a benefit of stopping alpha₁ blocker therapy prior to cataract surgery.

5.3 Prostate Cancer

Carcinoma of the prostate causes many of the symptoms associated with BPH and the two disorders frequently co-exist. Carcinoma of the prostate should therefore be ruled out prior to commencing therapy with CARDURA for the treatment of BPH.

5.4 Priapism

Alpha₁ antagonists, including doxazosin, have been associated with priapism (painful penile erection, sustained for hours and unrelieved by sexual intercourse or masturbation). This condition can lead to permanent impotence if not promptly treated.

5.5 Excipients

Cardura contains lactose. Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

6 ADVERSE REACTIONS

6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

Benign Prostatic Hyperplasia (BPH)

The incidence of adverse events has been ascertained from worldwide clinical trials in 965 BPH patients. The incidence rates presented below (Table 2) are based on combined data from seven placebo-controlled trials involving once-daily administration of CARDURA in doses of 1 to 16 mg in hypertensives and 0.5 to 8 mg in normotensives. Adverse reactions occurring more than 1% more frequently in BPH patients treated with CARDURA vs placebo are summarized in Table 1.

Table 1. Adverse Reactions Occurring more than 1% More Frequently in BPH Patients Treated with Cardura Versus Placebo

BODY SYSTEM	Cardura N=665	Placebo N=300
NERVOUS SYSTEM DISORDERS		
Dizziness†	15.6%	9.0%
Somnolence	3.0%	1.0%
CARDIAC DISORDERS		
Hypotension	1.7%	0%
RESPIRATORY, THORACIC AND MEDIASTINAL DISORDERS		
Dyspnoea	2.6%	0.3%
GASTROINTESTINAL DISORDERS		
Dry Mouth	1.4%	0.3%
GENERAL DISORDERS AND ADMINISTRATION SITE CONDITIONS		
Fatigue	8.0%	1.7%
Oedema	2.7%	0.7%

†Includes vertigo

Other adverse reactions occurring less than 1% more frequently in BPH patients treated with CARDURA vs placebo but plausibly related to CARDURA include: palpitations.

Hypertension

CARDURA has been administered to approximately 4000 hypertensive patients in clinical trials, of whom 1679 were included in the hypertension clinical development program. In placebo-controlled studies, adverse events occurred in 49% and 40% of patients in the doxazosin and placebo groups, respectively, and led to discontinuation in 2% of patients in each group.

Adverse reactions occurring more than 1% more frequently in hypertensive patients treated with CARDURA vs placebo are summarized in Table 1. . Postural effects and edema appeared to be dose-related. The prevalence rates presented below are based on combined data from placebo-controlled studies involving once-daily administration of doxazosin at doses ranging from 1 to 16 mg.

Table 2. Adverse Reactions Occurring more than 1% More Frequently in Hypertensive Patients Treated with Cardura versus Placebo

BODY SYSTEM	Cardura N=339	Placebo N=336
NERVOUS SYSTEM DISORDERS		
Dizziness	19%	9%
Somnolence	5%	1%
RESPIRATORY, THORACIC AND MEDIASTINAL DISORDERS		
Rhinitis	3%	1%
RENAL AND URINARY DISORDERS		
Polyuria	2%	0%
REPRODUCTIVE SYSTEM AND BREAST DISORDERS		
GENERAL DISORDERS AND ADMINISTRATION SITE CONDITIONS		
Fatigue / Malaise	12%	6%

Other adverse reactions occurring less than 1% more frequently in hypertensive patients treated with CARDURA vs placebo but plausibly related to CARDURA use include vertigo, hypotension, hot flushes, epistaxis and oedema.

CARDURA has been associated with decreases in white blood cell counts

Laboratory changes observed in clinical studies

Leukopenia/Neutropenia: Decreases in mean white blood cell (WBC) and mean neutrophil count were observed in controlled clinical trials of hypertensive patients receiving CARDURA. In cases where follow-up was available, WBC and neutrophil counts returned to normal after discontinuation of CARDURA. No patients became symptomatic as a result of the low WBC or neutrophil counts.

6.2 Postmarketing Experience

The following adverse reactions have been identified during post-approval use of CARDURA. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

In post-marketing experience, the following additional adverse reactions have been reported:

Blood and Lymphatic System Disorders: leukopenia, thrombocytopenia;

Immune System Disorders: allergic reaction;

Nervous System Disorders: hypoesthesia;

Eye Disorders: Intraoperative Floppy Iris Syndrome [see Warnings and precautions (5.4)];

Cardiac Disorders: bradycardia;

Respiratory, Thoracic and Mediastinal Disorders: bronchospasm aggravated;

Gastrointestinal Disorders: vomiting;

Hepatobiliary Disorders: cholestasis, hepatitis cholestatic;

Skin and Subcutaneous Tissue Disorders: urticaria;

Musculoskeletal and Connective Tissue Disorders: muscle cramps, muscle weakness;

Renal and Urinary Disorders: hematuria, micturition disorder, micturition frequency, nocturia;

Reproductive System and Breast Disorders: gynecomastia, priapism.

7 DRUG INTERACTIONS

7.1. CYP 3A Inhibitors

In vitro studies suggest that doxazosin is a substrate of CYP 3A4. Strong CYP3A inhibitors may increase exposure to doxazosin. Monitor blood pressure and for symptoms of hypotension when CARDURA is used concomitantly with strong CYP3A inhibitors [see Clinical Pharmacology (12.3)].

7.2 Phosphodiesterase-5 (PDE-5) inhibitors

Concomitant administration of CARDURA with a phosphodiesterase-5 (PDE-5) inhibitor can result in additive blood pressure lowering effects and symptomatic hypotension. Monitor blood pressure and for symptoms of hypotension [see *Warnings and Precautions (5.1)*].

8 USE IN SPECIFIC POPULATIONS

8.1 Pregnancy

Risk Summary

The limited available data with CARDURA in pregnant women are not sufficient to inform a drug-associated risk for major birth defects and miscarriage. However, untreated hypertension during pregnancy can result in increased maternal risks [see *Clinical Considerations*]. In animal reproduction studies, no adverse developmental effects were observed when doxazosin was orally administered to pregnant rabbits and rats during the period of organogenesis at doses of up to 41 and 20 mg/kg, respectively (exposures in rabbits and rats were 10 and 4 times, respectively, the human AUC exposures with a 12 mg/day therapeutic dose). A dosage regimen of 82 mg/kg/day in the rabbit was associated with reduced fetal survival [see *Data*].

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2-4% and 15-20%, respectively.

Clinical Considerations

Disease-associated maternal and/or embryo/fetal risk

Hypertension in pregnancy increases the maternal risk for pre-eclampsia, gestational diabetes, premature delivery, and delivery complications (e.g., need for cesarean section, and post-partum hemorrhage). Hypertension increases the fetal risk for intrauterine growth restriction and intrauterine death.

Data

Animal Data

Radioactivity was found to cross the placenta following oral administration of labelled doxazosin to pregnant rats. Studies in pregnant rabbits and rats at daily oral doses of up to 41 and 20 mg/kg, respectively (plasma drug concentrations of 10 and 4 times, respectively, the human AUC exposures with a 12 mg/day therapeutic dose), have revealed no evidence of adverse developmental effects. A dosage regimen of 82 mg/kg/day in the rabbit was associated with reduced fetal survival. In peri- and postnatal studies in rats, postnatal development at maternal doses of 40 or 50 mg/kg/day of doxazosin (about 8 times human AUC exposure with a 12 mg/day therapeutic dose) was delayed, as evidenced by slower body weight gain and slightly later appearance of anatomical features and reflexes.

8.2 Lactation

Risk Summary

There is limited information on the presence of CARDURA in human milk [see *Data*]. There is no information on the effects of CARDURA on the breastfed infant or the effects on milk production.

Data

A single case study reports that CARDURA is present in human milk, which resulted in an infant dose of less than 1% of the maternal weight-adjusted dosage and a milk/plasma ratio of 0.1. However, these data are insufficient to confirm the presence of CARDURA in human milk.

8.4 Pediatric Use

The safety and effectiveness of CARDURA have not been established in children.

8.5 Geriatric Use

Benign Prostatic Hyperplasia (BPH)

The safety and effectiveness profile of CARDURA was similar in the elderly (age \geq 65 years) and younger (age < 65 years) patients.

Hypertension

Clinical studies of CARDURA did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients.

In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal or cardiac function, and of concomitant disease or other drug therapy.

8.6 Hepatic Impairment

CARDURA is extensively metabolized in the liver. Hepatic impairment is expected to increase exposure to doxazosin. Use of CARDURA in patients with severe hepatic impairment (Child-Pugh Class C) is not recommended. Monitor blood pressure and for symptoms of hypotension in patients with lesser degrees of hepatic impairment (Child-Pugh Class A and B) [see *Clinical Pharmacology* (12.3)].

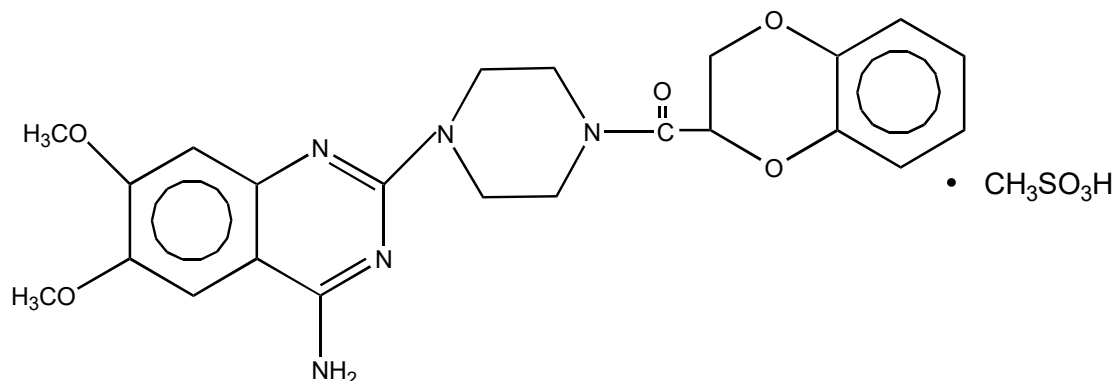
10 OVERDOSAGE

Experience with CARDURA overdose is limited. Two adolescents, who each intentionally ingested 40 mg CARDURA with diclofenac or acetaminophen, were treated with gastric lavage with activated charcoal and made full recoveries. A two-year-old child who accidentally ingested 4 mg CARDURA was treated with gastric lavage and remained normotensive during the five-hour emergency room observation period. A six-month-old child accidentally received a crushed 1 mg tablet of CARDURA and was reported to have been drowsy. A 32-year-old female with chronic renal failure, epilepsy, and depression intentionally ingested 60 mg CARDURA (blood level = 0.9 mcg/mL; normal values in hypertensives = 0.02 mcg/mL); death was attributed to a grand mal seizure resulting from hypotension. A 39-year-old female who ingested 70 mg CARDURA, alcohol, and Dalmane[®] (flurazepam) developed hypotension which responded to fluid therapy.

The oral LD₅₀ of doxazosin is greater than 1000 mg/kg in mice and rats. The most likely manifestation of overdose would be hypotension, for which the usual treatment would be intravenous infusion of fluid. As doxazosin is highly protein bound, dialysis would not be indicated.

11 DESCRIPTION

CARDURA^{*} (doxazosin) is a quinazoline compound that is a selective inhibitor of the alpha₁ subtype of alpha-adrenergic receptors. The chemical name of doxazosin mesylate is 1-(4-amino-6,7-dimethoxy-2-quinazoliny)-4-(1,4-benzodioxan-2-ylcarbonyl) piperazine methanesulfonate. The empirical formula for doxazosin mesylate is C₂₃H₂₅N₅O₅ • CH₄O₃S and the molecular weight is 547.6. It has the following structure:



CARDURA (doxazosin) is freely soluble in dimethylsulfoxide, soluble in dimethylformamide, slightly soluble in methanol, ethanol, and water (0.8% at 25°C), and very slightly soluble in acetone and methylene chloride.

CARDURA is available as white tablets for oral use and contains doxazosin mesylate equivalent to 1 mg, 4 mg of doxazosin as the free base.

The inactive ingredients for all tablets are: microcrystalline cellulose, lactose monohydrate, sodium starch glycolate, magnesium stearate and sodium lauryl sulfate.

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

Benign Prostatic Hyperplasia (BPH)

The symptoms associated with benign prostatic hyperplasia (BPH), such as urinary frequency, nocturia, weak stream, hesitancy, and incomplete emptying are related to two components, anatomical (static) and functional (dynamic). The static component is related to an increase in prostate size caused, in part, by a proliferation of smooth muscle cells in the prostatic stroma. However, the severity of BPH symptoms and the degree of urethral obstruction do not correlate well with the size of the prostate. The dynamic component of BPH is associated with an increase in smooth muscle tone in the prostate and bladder neck. The degree of tone in this area is mediated by the α_1 adrenoceptor, which is present in high density in the prostatic stroma, prostatic capsule and bladder neck. Blockade of the α_1 receptor decreases urethral resistance and may relieve the obstruction and BPH symptoms and improve urine flow.

Hypertension

The mechanism of action of CARDURA is selective blockade of the α_1 (postjunctional) subtype of adrenergic receptors. Studies in normal human subjects have shown that doxazosin competitively antagonized the pressor effects of phenylephrine (an α_1 agonist) and the systolic pressor effect of norepinephrine. Doxazosin and prazosin have similar abilities to antagonize phenylephrine. The antihypertensive effect of CARDURA results from a decrease in systemic vascular resistance. The parent compound doxazosin is primarily responsible for the antihypertensive activity. The low plasma concentrations of known active and inactive metabolites of doxazosin (2-piperazinyl, 6'- and 7'-hydroxy and 6- and 7-O-desmethyl compounds) compared to parent drug indicate that the contribution of even the most potent compound (6'-hydroxy) to the antihypertensive effect of doxazosin in man is probably small. The 6'- and 7'-hydroxy metabolites have demonstrated antioxidant properties at concentrations of 5 μ M, *in vitro*.

12.2 Pharmacodynamics

Benign Prostatic Hyperplasia (BPH)

Administration of CARDURA to patients with symptomatic BPH resulted in a statistically significant improvement in maximum urinary flow rate [see *Clinical Studies (14.1)*].

Effect on Normotensive Patients with Benign Prostatic Hyperplasia (BPH)

Although blockade of α_1 adrenoceptors also lowers blood pressure in hypertensive patients with increased peripheral vascular resistance, CARDURA treatment of normotensive men with BPH did not result in a clinically significant blood pressure lowering effect (Table 4). The proportion of normotensive patients with a sitting systolic blood pressure less than 90 mmHg and/or diastolic blood pressure less than 60 mmHg at any time during treatment with CARDURA 1–8 mg once daily was 6.7% with doxazosin and not significantly different (statistically) from that with placebo (5%).

Hypertension

Administration of CARDURA results in a reduction in systemic vascular resistance. In patients with hypertension, there is little change in cardiac output. Maximum reductions in blood pressure usually occur 2–6 hours after dosing and are associated with a small increase in standing heart rate. Like other α_1 -adrenergic blocking agents, doxazosin has a greater effect on blood pressure and heart rate in the standing position.

12.3 Pharmacokinetics

Absorption

After oral administration of therapeutic doses, peak plasma levels of CARDURA occur at about 2–3 hours. Bioavailability is approximately 65%, reflecting first-pass metabolism of doxazosin by the liver. The effect of food on the pharmacokinetics of CARDURA was examined in a crossover study with twelve hypertensive subjects. Reductions of 18% in mean maximum plasma concentration (C_{max}) and 12% in the area under the concentration-time

curve (AUC) occurred when CARDURA was administered with food. Neither of these differences is clinically significant.

In a crossover study in 24 normotensive subjects, the pharmacokinetics and safety of doxazosin were shown to be similar with morning and evening dosing regimens. The AUC after morning dosing was, however, 11% less than that after evening dosing and the time to peak concentration after evening dosing occurred significantly later than that after morning dosing (5.6 vs. 3.5 hours).

Distribution

At the plasma concentrations achieved by therapeutic doses, approximately 98% of the circulating drug is bound to plasma proteins.

Metabolism

CARDURA is extensively metabolized in the liver, mainly by O-demethylation of the quinazoline nucleus or hydroxylation of the benzodioxan moiety. *In vitro* studies suggest that the primary pathway for elimination is via CYP 3A4; however, CYP 2D6 and CYP 2C9 metabolic pathways are also involved to a lesser extent. Although several active metabolites of doxazosin have been identified, the pharmacokinetics of these metabolites have not been characterized.

Excretion

Plasma elimination of doxazosin is biphasic, with a terminal elimination half-life of about 22 hours. Steady-state studies in hypertensive patients given doxazosin doses of 2 to 16 mg once daily showed linear kinetics and dose proportionality. In two studies, following the administration of 2 mg orally once daily, the mean accumulation ratios (steady-state AUC vs. first-dose AUC) were 1.2 and 1.7. Enterohepatic recycling is suggested by secondary peaking of plasma doxazosin concentrations.

In a study of two subjects administered radiolabeled doxazosin 2 mg orally and 1 mg intravenously on two separate occasions, approximately 63% of the dose was eliminated in the feces and 9% of the dose was found in the urine. On average only 4.8% of the dose was excreted as unchanged drug in the feces and only a trace of the total radioactivity in the urine was attributed to unchanged drug.

Specific Populations

Geriatric

The pharmacokinetics of CARDURA in young (<65 years) and elderly (≥65 years) subjects were similar for plasma half-life values and oral clearance.

Renal Impairment

Pharmacokinetic studies in elderly patients and patients with renal impairment have shown no significant alterations compared to younger patients with normal renal function.

Hepatic Impairment

Administration of a single 2 mg dose to patients with cirrhosis (Child-Pugh Class A) showed a 40% increase in exposure to doxazosin. The impact of moderate (Child-Pugh Class B) or severe (Child-Pugh Class C) hepatic impairment on the pharmacokinetics of doxazosin is not known [see *Use in Specific Populations* (8.6)].

Drug Interactions

There are only limited data on the effects of drugs known to influence the hepatic metabolism of doxazosin (e.g., cimetidine).

Cimetidine: In healthy volunteers, the administration of a single 1 mg dose of doxazosin on day 1 of a four-day regimen of oral cimetidine (400 mg twice daily) resulted in a 10% increase in mean AUC of doxazosin, and a slight but not significant increase in mean C_{max} and mean half-life of doxazosin.

In vitro data in human plasma indicate that CARDURA has no effect on protein binding of digoxin, warfarin, phenytoin, or indomethacin.

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis and Mutagenesis: Chronic dietary administration (up to 24 months) of doxazosin mesylate at maximally tolerated doses of 40 mg/kg/day in rats and 120 mg/kg/day in mice revealed no evidence of carcinogenic potential. The highest doses evaluated in the rat and mouse studies are associated with AUCs (a measure of systemic exposure) that are 8 times and 4 times, respectively, the human AUC at a dose of 16 mg/day.

Mutagenicity studies revealed no drug- or metabolite-related effects at either chromosomal or subchromosomal levels.

Fertility in Males: Studies in rats showed reduced fertility in males treated with doxazosin at oral doses of 20 (but not 5 or 10) mg/kg/day, about 4 times the AUC exposures obtained with a 12 mg/day human dose. This effect was reversible within two weeks of drug withdrawal. There have been no reports of any effects of doxazosin on male fertility in humans.

13.2 Animal Toxicology and Pharmacology

An increased incidence of myocardial necrosis or fibrosis was observed in long-term (6-12 months) studies in rats and mice (exposure 8 times human AUC exposure in rats and somewhat equivalent to human C_{max} exposure in mice). Findings were not seen at lower doses. In dogs no cardiotoxicity was observed following 12 months of oral dosing at doses that resulted in maximum plasma concentrations (C_{max}) 14 times the C_{max} exposure in humans receiving a 12 mg/day therapeutic dose or in Wistar rats at C_{max} exposures 15 times human C_{max} exposure. There is no evidence that similar lesions occur in humans.

14 CLINICAL STUDIES

14.1 Benign Prostatic Hyperplasia (BPH)

The efficacy of CARDURA was evaluated extensively in over 900 patients with BPH in double-blind, placebo-controlled trials. CARDURA treatment was superior to placebo in improving patient symptoms and urinary flow rate. Significant relief with CARDURA was seen as early as one week into the treatment regimen, with CARDURA-treated patients (N=173) showing a significant (p<0.01) increase in maximum flow rate of 0.8 mL/sec compared to a decrease of 0.5 mL/sec in the placebo group (N=41). In long-term studies, improvement was maintained for up to 2 years of treatment. In 66–71% of patients, improvements above baseline were seen in both symptoms and maximum urinary flow rate.

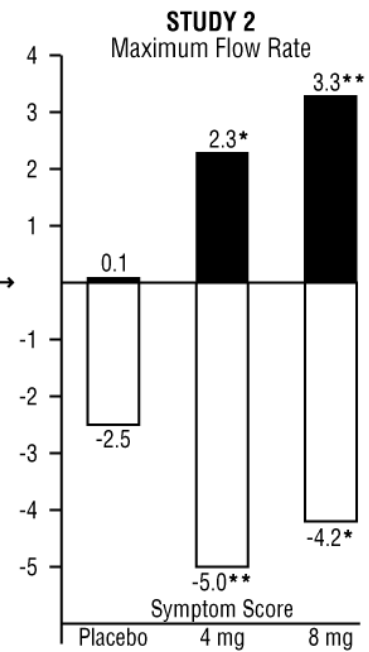
In three placebo-controlled studies of 14–16 weeks' duration, obstructive symptoms (hesitation, intermittency, dribbling, weak urinary stream, incomplete emptying of the bladder) and irritative symptoms (nocturia, daytime frequency, urgency, burning) of BPH were evaluated at each visit by patient-assessed symptom questionnaires. The bothersomeness of symptoms was measured with a modified Boyarsky questionnaire. Symptom severity/frequency was assessed using a modified Boyarsky questionnaire or an AUA-based questionnaire. Uroflowmetric evaluations were performed at times of peak (2–6 hours post-dose) and/or trough (24 hours post-dose) plasma concentrations of CARDURA.

The results from the three placebo-controlled studies (N=609) showing significant efficacy with 4 mg and 8 mg doxazosin are summarized in Table 3. In all three studies, CARDURA resulted in statistically significant relief of obstructive and irritative symptoms compared to placebo. Statistically significant improvements of 2.3–3.3 mL/sec in maximum flow rate were seen with CARDURA in Studies 1 and 2, compared to 0.1–0.7 mL/sec with placebo.

Table 3
SUMMARY OF EFFECTIVENESS DATA IN PLACEBO-CONTROLLED TRIALS

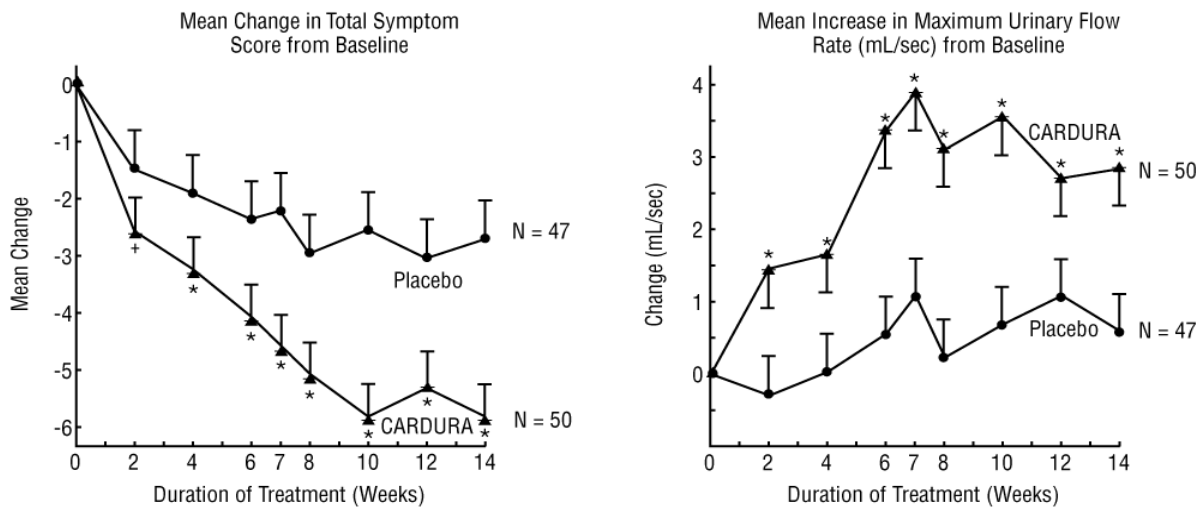
	SYMPTOM SCORE ^a			MAXIMUM FLOW RATE (mL/sec)		
	N	MEAN BASELINE	MEAN ^b CHANGE	N	MEAN BASELINE	MEAN ^c CHANGE
STUDY 1 (Titration to maximum dose of 8 mg)^e						
Placebo	47	15.6	-2.3	41	9.7	+0.7
CARDURA	49	14.5	-4.9**	41	9.8	+2.9**
STUDY 2 (Titration to fixed dose-14 weeks)^d						
Placebo	37	20.7	-2.5	30	10.6	+0.1
CARDURA 4 mg	38	21.2	-5.0**	32	9.8	+2.3*
CARDURA 8 mg	42	19.9	-4.2*	36	10.5	+3.3**
STUDY 3 (Titration to fixed dose-12 weeks)						
Placebo	47	14.9	-4.7	44	9.9	+2.1
CARDURA 4 mg	46	16.6	-6.1*	46	9.6	+2.6

^a AUA questionnaire (range 0-30) in studies 1 and 3. Modified Boyarsky Questionnaire (range 7-39) in study 2.
^b Change is to endpoint.
^c Change is to fixed-dose efficacy phase, 22-26 hours post-dose for studies 1 and 3 and 2-6 hours post-dose for study 2.
^d Study in hypertensives with BPH
^e 36 patients received a dose of 8 mg CARDURA®
 ** p < 0.05 (0.01) compared to placebo mean change.



In one fixed-dose study (Study 2), CARDURA therapy (4 to 8 mg, once daily) resulted in a significant and sustained improvement in maximum urinary flow rate of 2.3–3.3 mL/sec (Table 3) compared to placebo (0.1 mL/sec). In this study, the only study in which weekly evaluations were made, significant improvement with CARDURA vs. placebo was seen after one week. The proportion of patients who responded with a maximum flow rate improvement of ≥ 3 mL/sec was significantly larger with CARDURA (34–42%) than placebo (13–17%). A significantly greater improvement was also seen in average flow rate with CARDURA (1.6 mL/sec) than with placebo (0.2 mL/sec). The onset and time course of symptom relief and increased urinary flow from Study 1 are illustrated in Figure 1.

Figure 1 – Study 1



* p < 0.05 Compared to Placebo; + p < 0.05 Compared to Baseline; Doxazosin Titration to Maximum of 8 mg.

14.2 Hypertension

In a pooled analysis of placebo-controlled hypertension studies with about 300 hypertensive patients per treatment group, doxazosin, at doses of 1 to 16 mg given once daily, lowered blood pressure at 24 hours by about 10/8 mmHg compared to placebo in the standing position and about 9/5 mmHg in the supine position. Peak blood pressure effects (1–6 hours) were

larger by about 50–75% (i.e., trough values were about 55–70% of peak effect), with the larger peak-trough differences seen in systolic pressures. There was no apparent difference in the blood pressure response of Caucasians and blacks or of patients above and below age 65. In the same patient population, patients receiving CARDURA gained a mean of 0.6 kg compared to a mean loss of 0.1 kg for placebo patients.

TABLE 4

Mean Changes in Blood Pressure from Baseline to the Mean of the Final Efficacy Phase in Normotensives (Diastolic BP <90 mmHg) in Two Double-blind, Placebo-controlled U.S. Studies with CARDURA 1 to 8 mg once daily.

PLACEBO (N=85)			CARDURA (N=183)	
<u>Sitting BP (mmHg)</u>	<u>Baseline</u>	<u>Change</u>	<u>Baseline</u>	<u>Change</u>
Systolic	128.4	-1.4	128.8	-4.9*
Diastolic	79.2	-1.2	79.6	-2.4*
<u>Standing BP (mmHg)</u>	<u>Baseline</u>	<u>Change</u>	<u>Baseline</u>	<u>Change</u>
Systolic	128.5	-0.6	128.5	-5.3*
Diastolic	80.5	-0.7	80.4	-2.6*

*p ≤0.05 compared to placebo

16 HOW SUPPLIED/STORAGE AND HANDLING

CARDURA (doxazosin) is available as tablets for oral administration.

Cardura 1mg: Carton box contains 3 (Al/Transparent PVC/PVDC) blisters of each of 7 tablets + pamphlet
Each tablet contains Doxazosin Mesylate 1.213 mg equivalent to 1 mg Doxazosin base.

Cardura 4mg: Carton box contains 2 (Al/Transparent PVC/PVDC) blisters each of 7 tablets + pamphlet
Each tablet contains doxazosin mesylate 4.85 equivalent to 4 mg Doxazosin base.

Recommended Storage: Store at temperature not exceeding 30°C in a dry place.

Shelf life: 3 years.

17 PATIENT COUNSELING INFORMATION

Advise the patient to read the approved patient labeling (Patient Information).

Postural Hypotension

Advise patients of the possibility of syncopal and orthostatic symptoms, especially at the initiation of therapy, and urged to avoid driving or hazardous tasks for 24 hours after the first dose, after a dosage increase, and after interruption of therapy when treatment is resumed. Advise patients to report symptoms to their healthcare provider.

Priapism

Advise patients of the possibility of priapism and to seek immediate medical attention if symptoms occur.

MARKETING AUTHORISATION HOLDER

Cardura 1 mg: Upjohn UK Limited, Ramsgate Road, Sandwich, Kent, CT 13 9NJ- United Kingdom.

Cardura 4 mg: Viatrix Speciality LLC, 3711 Collins Ferry Road, Morgantown, WV 26505 United States of America

Manufactured, Packed and released by

Viatrix Egypt

Revised: June 2021.

To report any side effect:

Egypt:

Pharmacovigilance center, Viatris Egypt Company: pv.egypt@viatris.com

Egyptian Pharmacovigilance center (EPVC), EDA: pv.followup@edaegypt.gov.eg

THIS IS A MEDICAMENT

- Medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the Pharmacist who sold the medicament.
- The doctor and the Pharmacist are experts in medicines, their benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.

Keep all medicaments out of reach and sight of children

Council of Arab Health Ministers

Union of Arabic Pharmacists

<p>معلومات المريض كاردورا* (أقراص دوكسازوسين)</p>
<p>ما هو كاردورا؟ كاردورا هو دواء لا يصرف إلا بوصفة طبية يحتوي على ميسيلات دوكسازوسين وينتمي إلى فئة من الأدوية تدعى "حاصرات مستقبلات ألفا". يُستخدم كاردورا لعلاج: • أعراض فرط التنسج البروستاتي الحميد (BPH) • ضغط الدم المرتفع (ارتفاع ضغط الدم) ليس معروفًا إذا ما كان كاردورا آمنًا وفعالًا في الأطفال أم لا.</p>
<p>من الذي ينبغي عليه عدم تناول كاردورا؟ لا تتناول كاردورا إذا كنت: • تعاني من الحساسية تجاه دوكسازوسين أو الكينازولين، أو تجاه أي من مكونات كاردورا. راجع الجزء الأخير من نشرة معلومات المريض هذه للاطلاع على قائمة كاملة بمكونات كاردورا.</p>
<p>ما الذي ينبغي ان اخبر به مقدم الرعاية الصحية الخاص بي قبل تناول كاردورا؟ قبل تناول كاردورا، أطلع مقدم الرعاية الصحية الخاص بك على جميع الحالات الطبية التي تعاني منها، بما في ذلك إذا: • كنت قد عانيت من ضغط الدم المنخفض، خاصة بعد تناول دواء آخر. تشمل علامات ضغط الدم المنخفض الإغماء والدوار والدوخة. • كان من المخطط خضوعك لعملية جراحية في العين • كنت تعاني من سرطان البروستاتا أو لديك تاريخ للإصابة بسرطان البروستاتا. يمكن أن يقوم مقدم الرعاية الصحية الخاص بك بإخضاعك لفحوص خاصة بسرطان البروستاتا قبل أن تبدأ في تناول كاردورا وأثناء تناولك له. • كنت تعاني من مشاكل في الكبد • كنت حاملاً أو تخططين للحمل. ليس معروفًا إذا ما كان كاردورا سيضر بجنينك أم لا. • كنت تُرضعين رضاعة طبيعية أو تخططين لذلك. ليس معروفًا إذا ما كان كاردورا يفرز في لبن الثدي أم لا. تحدثي إلى مقدم الرعاية الصحية الخاص بك بشأن أفضل طريقة لإرضاع طفلك إذا كنت تتناولي كاردورا. يحتوي كاردورا على لاكتوز إذا أخبرك طبيبك أنك لا تستطيع تحمل بعض السكريات، فتواصل مع طبيبك قبل تناول هذا المنتج الدوائي. أخبر مقدم الرعاية الصحية الخاص بك بجميع الأدوية التي تتناولها، بما في ذلك الأدوية والفيتامينات والمكملات العشبية، سواء التي تُصرف بوصفة طبية أو التي تُصرف بدون وصفة طبية. قد يؤثر كاردورا على طريقة عمل الأدوية الأخرى كما قد تؤثر الأدوية الأخرى على طريقة عمل كاردورا مسببةً آثارًا جانبية. أخبر مقدم الرعاية الصحية الخاص بك خاصة إذا كنت تتناول: • أدوية أخرى لعلاج ضغط الدم المرتفع أو تستخدم لعلاج الخلل الوظيفي في الانتصاب (ED) تدعى مثبطات إنزيم فوسفودايستراز من النوع الخامس (PDE-5). يمكن أن يؤدي استخدام كاردورا بالتزامن مع مثبطات إنزيم فوسفودايستراز من النوع الخامس إلى هبوط في ضغط الدم أو الإغماء. اعرف الأدوية التي تتناولها، واحتفظ بقائمة بها لتعرضها على مقدم الرعاية الصحية الخاص بك والصيدلي الذي تتعامل معه عند تلقيك دواءً جديدًا.</p>
<p>كيف ينبغي عليّ تناول كاردورا؟ • تناول كاردورا تمامًا مثلما يخبرك مقدم الرعاية الصحية الخاص بك. • سيخبرك مقدم الرعاية الصحية الخاص بك بكمية كاردورا التي ينبغي عليك تناولها ومتى ينبغي عليك تناولها. • يمكن أن يحتاج مقدم الرعاية الصحية الخاص بك إلى تغيير جرعتك من كاردورا إلى أن تصبح الجرعة ملائمة لك.</p>

ما الذي ينبغي عليّ أن أتجنبه أثناء تناول كاردورا؟

لا تقم بالقيادة أو أداء أي مهام خطيرة قبل مضي 24 ساعة على الأقل على تناولك لكاردورا إذا كنت تتناول:

- أول جرعة لك من كاردورا
- كاردورا لأول مرة بعد أن قام مقدم الرعاية الصحية الخاص بك بزيادة جرعتك من كاردورا
- كاردورا لأول مرة بعد أي فترات توقف (انقطاع) عن علاجك بكاردورا

ما هي الآثار الجانبية المحتملة لكاردورا؟
يمكن أن يسبب كاردورا آثارًا جانبية خطيرة،
بما في ذلك:

- **الهبوط المفاجئ في ضغط الدم**، خاصة عند بدء العلاج لأول مرة أو عند وجود زيادة في جرعتك من كاردورا، وهو شائع ولكن يمكن أن يكون خطيرًا أيضًا. يمكن أن يسبب هذا تعرضك للإغماء أو شعورك بالدوار أو الدوخة. يمكن أن يزداد خطر تعرضك لهذه المشكلة إذا كنت تتناول كاردورا مع أدوية معينة أخرى تخفف ضغط دمك، بما في ذلك مثبطات إنزيم فوسفودايستراز من النوع الخامس. يمكن أن يقوم مقدم الرعاية الصحية الخاص بك بمراقبة مستويات ضغط دمك أثناء تناولك لكاردورا. انظر قسم "ما الذي ينبغي عليّ أن أتجنبه أثناء تناول كاردورا؟"
- **مشكلات في العين أثناء جراحة تصحيح إعتام عدسة العين**. يمكن أن تحدث حالة تسمى متلازمة لين القرزية الجراحي (IFIS) أثناء جراحة تصحيح إعتام عدسة العين إذا كنت تتناول أو قد تناولت حاصرات مستقبلات ألفا مثل كاردورا. إذا كنت تحتاج إلى الخضوع لجراحة تصحيح إعتام عدسة العين، فاحرص على إخبار مقدم الرعاية الصحية الخاص بك إذا كنت تتناول أو قد تناولت كاردورا.
- **انتصابًا مستمرًا مؤلماً**. يمكن أن يسبب كاردورا انتصابًا مؤلماً (الُقساح) لا يمكن إزالته بواسطة ممارسة الجنس. في حالة حدوث هذا، اسع للحصول على المساعدة الطبية على الفور. إذا لم تتم معالجة القساح، فقد لا تكون قادرًا على تحقيق انتصاب في المستقبل.

الآثار الجانبية الأكثر شيوعًا لكاردورا هي:
• الضعف أو نقص الطاقة (الوهن)

- الدوار

أخبر مقدم الرعاية الصحية الخاص بك إذا أصبت بأي آثار جانبية تسبب لك الانزعاج أو لا تزول. هذه ليست كل الآثار الجانبية المحتملة لكاردورا. لمزيد من المعلومات، اسأل مقدم الرعاية الصحية أو الصيدلي الخاص بك. اتصل بطبيبك للحصول على المشورة الطبية حول الآثار الجانبية.

للاطلاع عن أي أثر جانبي:

مصر:

مركز اليقظة الدوائية، شركة فياترس مصر: pv.egypt@viatris.com

مركز اليقظة الدوائية المصري (EPVC)، هيئة الدواء المصرية (EDA): pv.followup@edaegypt.gov.eg

معلومات عامة حول الاستخدام الآمن والفعال لكاردورا.

في بعض الأحيان توصف الأدوية لأغراض غير تلك الواردة بنشرة معلومات المريض. لا تستخدم كاردورا لحالة لم يوصف لها. لا تقم بإعطاء كاردورا لأشخاص آخرين حتى إذا كانوا يعانون من نفس الأعراض التي تعاني منها. فقد يضرهم ذلك.

توجز نشرة معلومات المريض هذه أهم المعلومات بخصوص كاردورا. لمزيد من المعلومات، اسأل مقدم الرعاية الصحية الخاص بك. يمكنك أن تطلب من مقدم الرعاية الصحية الخاص بك أو الصيدلي إطلاعك على المعلومات الموجهة إلى متخصصي الرعاية الصحية.

ما هي مكونات كاردورا؟

المكون الفعال: دوكسازوسين

كاردورا 1 ملجم: يحتوي كل قرص على 1.213 ملجم من ميسيلات دوكسازوسين بما يكافئ 1 ملجم من دوكسازوسين قاعدة

كاردورا 4 ملجم: يحتوي كل قرص على 4.85 ملجم من ميسيلات دوكسازوسين بما يكافئ 4 ملجم من دوكسازوسين قاعدة

المكونات غير الفعالة: سليولوز دقيق التبلور، ولاكتوز أحادي الهيدرات، وجليكولات نشا الصوديوم، وستيرات المغنيسيوم، وكيرينات لوريل الصوديوم.

ظروف التخزين:

يخزن في درجة حرارة لا تتعدى 30 درجة مئوية في مكان جاف.

مدة الصلاحية: 3 أعوام

كاردورا 1 ملجم: تحتوي العلبة الكرتونية على 3 شرائط (ألومنيوم /بي في سي الشفاف/بي في دي سي) ويحتوي كل منها على 7 أقراص + النشرة

كاردورا 4 ملجم: تحتوي العلبة الكرتونية على شريطين (ألومنيوم /بي في سي الشفاف/بي في دي سي) ويحتوي كل منها على 7 أقراص + النشرة

مالك حق التسويق:

Cardura 1 mg: Upjohn UK Limited, Ramsgate Road, Sandwich, Kent, CT 13 9NJ- United Kingdom

Cardura 4 mg: Viatrix Speciality LLC,3711 Collins Ferry Road, Morgantown, WV 26505 United States of America

الشركة المصنعة و المعبنة :
Viatrix Egypt

تاريخ المراجعة: ديسمبر/كانون الأول 2020

إن هذا دواء

- الدواء مستحضر يؤثر على صحتك واستهلاكه خلافاً للتعليمات يعرضك للخطر.
- اتبع بدقة وصفة الطبيب وطريقة الاستخدام وتعليمات الصيدلي الذي قام بصرف الدواء.
- الطبيب والصيدلي خبيران في الأدوية وفوائدها ومخاطرها.
- لا تقطع فترة العلاج الموصوفة لك من تلقاء نفسك.
- لا تكرر صرف نفس الدواء دون استشارة طبيبك.

احتفظ بجميع الأدوية بعيداً عن متناول ومرأى الأطفال

مجلس وزراء الصحة العرب

اتحاد الصيادلة العرب